

# Patient online service / PSA Tracker screenshots

To arrange a demo of the IT system used in the project contact  
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# The future of healthcare: connecting patients with their medical record

## My medical record

- allowing patients to co-manage their healthcare online
- reducing the need for hospital visits
- offering 24/7 support and information
- allowing patients to cancel and re-book appointments online
- facilitating online consultations
- capturing pre-assessment data before patients visit our hospitals
- helping patients and clinicians to share information online.

[SIGN IN](#)

[Help](#)  
[About MyMR](#)  
[Terms of use](#)  
[Our hospitals](#)  
[Contact us](#)  
[Research](#)

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# Welcome to TrueNTH Online, provided by your NHS Trust.

TrueNTH Online enables better management of prostate cancer by connecting patients with their health record, and a wealth of online resources.

TrueNTH is a revolutionary programme funded by the Movember Foundation and managed by Prostate cancer UK in the UK, which aims to improve the mental and physical health of men living with prostate cancer.

## SIGN IN TO YOUR ACCOUNT

Sign in and manage your conditions and healthcare online and access 24/7 support and information.

**SIGN IN**

## REGISTER FOR AN ACCOUNT

Register for TrueNTH Online and better manage your conditions and healthcare online.

**REGISTER**

## My record



## Our services



## News & social media



## Account settings



## My appointments

Show  ▾

No records found

## New data

03/11/2016 09:53am	File	RSG - Getting Ready.pdf
03/11/2016 12:00am	Lab Test Result	Creatinine (107 umol/L), Potassium (4.6 mmol/L), Sodium (137 mmol/L), Urea (6.2 mmol/L)
03/11/2016 12:00am	Lab Test Result	INR (warfarin) (1.0 )
03/11/2016 12:00am	Lab Test Result	INR (warfarin) (2.5 )
03/11/2016	Lab Test	HDL cholesterol (1.49 mmol/l) LDL cholesterol (calc) (2.36 mmol/l) Creatinine (51 umol/l) Potassium (4.4 mmol/l) Sodium (139

## My record

Home > My record

### My details



### My appointments



### My results



### My medications



### My measurements



### My documents



**My details**



**My appointments**



**My results**



**My medications**



**My measurements**



**My documents**





## Prostate cancer

Home



Message my clinician



My PSA



Patient information



Health MOT



Clinical trials



## Message my clinician

Home > Prostate Cancer > Message my clinician

### Messaging my clinician

You can use this page to contact your Prostate cancer team. They will reply to your message on a non-urgent basis.

### Messages

Message type

Date	Received from	Subject
29/07/2016 02:18pm	Cystic Fibrosis	nigel test 1 response 2
29/07/2016 02:03pm	Cystic Fibrosis	RE:nigel test message 1
28/06/2016 02:53pm	P Cardio Team	Test

### Create a message

\* To  \* =mandatory field

[Search care providers](#)

\*Subject

Attachments  [Attach A File](#)

\*Message

SEND

## Patient information

Home > Prostate Cancer > Patient information

### Physical side effects / symptoms

A guide to bone health, fragile bones and fractures (from NOS):  
[All about osteoporosis](#)

Coping with cancer/physically/sex hormone-symptoms (from Cancer Research UK):  
[Mood changes and sex hormones](#)

Sexual Advice Association (from patient.co.uk):  
[Advice on sexual dysfunction](#)

For the day to day challenges of cancer:  
<http://www.livestrong.org>

Continence Advisory Service  
Bitterne Health Centre  
Commercial street  
Bitterne  
Southampton  
SO18 6BT  
02380718833:  
[Continence Advisory Service \(from Solent NHS Trust\)](#)

Live Southampton helping you to find advice and services to keep you healthy:  
[Discover Southampton: Public health](#)

NHS Choices Includes all NHS online services and information, to help you make choices about your health:  
[www.nhs.uk](http://www.nhs.uk)

### Self management / support

A guide to patient triggered follow-up and supported self-management (from UHS):  
[Prostate cancer patient triggered follow-up](#)

Notes from your prostate cancer workshop (from UHS):  
[Workshop handbook](#)

A positive approach to self management (from Coventry University):  
[A positive approach to self management](#)

Citizens advice self-help website:  
[Adviceguide](#)

NHS Choices Includes all NHS online services and information, to help you make choices about your health:  
[www.nhs.uk](http://www.nhs.uk)

Benefits advisory service (from gov.uk):  
[Benefits advice including tax credits, eligibility and appeals](#)

Bladder and bowel foundation (08453450165):  
[Incontinence advise/products helpline](#)

For the day to day challenges of cancer:  
<http://www.livestrong.org>

Macmillan cancer support charity (020 7840 7840):  
[Macmillan cancer support](#)



## Health MOT

[Home](#) > [Prostate Cancer](#) > [Health MOT](#)

### Health MOT

We would like you to complete the health MOT every time you have your PSA tested. This gives us information to help support you in managing your condition.

**NB: To view / print your completed Health MOTs please click on the green cross in the column titled 'Submission Info'.**

Submission Info	Survey Title	Survey Action
	Health MOT	<a href="#">Retake</a>

0% Completed

We have asked you to complete this assessment every time you have your PSA test done. This gives us information to help us give you the best support to manage your condition. This survey lists some issues / concerns. Please indicate which ones apply to you and if you would like a member of the clinical team to get in touch with you to discuss the issue.

Physical concerns

\* Please let us know if you have any issues with the following....

	Yes	No	I would like to discuss this with someone
Problems when urinating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of bladder control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood in urine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of bowel control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diarrhoea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding from the bowel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bone pain (lasting 6 weeks)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



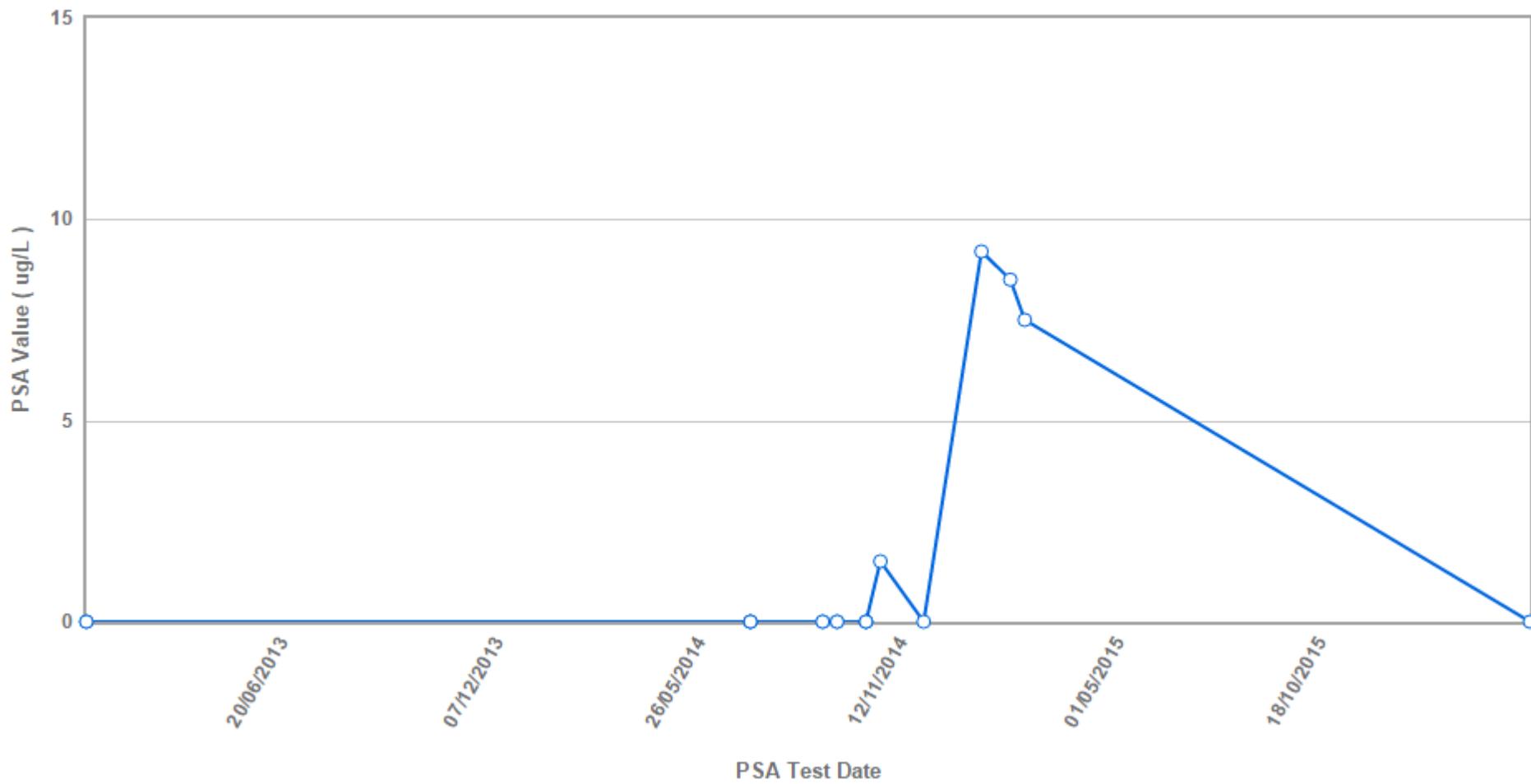
## My PSA

Home > Prostate Cancer > My PSA

### My PSA results

Date Range :

<u>Date</u>	<u>Value</u>
30/03/2016	0 ug/l
11/02/2015	7.5 ug/L
01/02/2015	8.5 ug/L
01/01/2015	9.2 ug/L
25/11/2014	0 ug/l
16/10/2014	1.5 ug/l
03/10/2014	0 ug/l
02/10/2014	0 ug/l
01/10/2014	0 ug/l
05/09/2014	0 ug/l



HOME

MY RECORD

PROSTATE CANCER

ABOUT TRUE<sup>NTH</sup>

PROSTATE CANCER

HEALTH MOT

PATIENT INFORMATION

MESSAGE MY CLINICIAN

MY PSA

## Health MOT

Home > Prostate Cancer > Health MOT

We would like you to complete the health MOT every time you have your PSA tested. This gives us information to help support you in managing your condition.

### HEALTH MOT

NB: To view / print your completed Health MOTs please click on the green cross in the column titled 'Submission Info'.

Submission Info	Survey Title	Survey Action
	Health MOT	<a href="#">Start</a>

HOME

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PROSTATE CANCER

ABOUT TRUENTH

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MY PSA

## Patient information

Home > Prostate Cancer > Patient information

### LOCAL SUPPORT INFORMATION

[Local support information for Bath patients](#)

[Local support information for Cornwall patients](#)

[Local support information for St Helens patients](#)

### PHYSICAL SIDE EFFECTS/SYMPTOMS

National Osteoporosis Society (from NOS):

[Information about Osteoporosis](#)

Coping with cancer (from Macmillan):

[Dealing with the physical side effects](#)

Sexual Advice (from NHS):

[Advice on sexual dysfunction](#)

Diet-physical activity and prostate cancer

[How diet and exercise can help manage prostate cancer and treatments](#)

Advice and services for healthy living in Bath and NorthEast Somerset:

[SironaCare and Health](#), [Healthy Lifestyles](#) & [Health Watch BANES](#)

### SELF MANAGEMENT/SUPPORT

A guide to patient triggered follow-up:

[Prostate cancer patient triggered follow-up leaflet](#)

Benefits advisory service (from gov.uk):

[Benefits advice including tax credits, eligibility and appeals](#)

Macmillan cancer support charity:

[Macmillan cancer support and advice](#)

Gay Men's Health and Living with Cancer:

[Health with pride](#)

Healthcare travels costs:

[Helpwith healthcare travel costs](#)

Practical things:

[Information on Prostate Cancer UK](#)

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MESSAGE MY CLINICIAN

MY PSA

## Message my clinician

Home > Prostate Cancer > Message my clinician

You can use this page to contact your Prostate cancer team. They will reply to your message on a non-urgent basis.

### MESSAGES

Message type

No records found

### CREATE A MESSAGE

\* To

*\* =mandatory field*

[Search care providers](#)

\*Subject

Attachments [Attach A File](#)

\*Message

SEND

## My PSA

Home > Prostate Cancer > My PSA

This page will display all of your PSA results including a graph showing the results over time.

### MY PSA RESULTS

Date Range :

<a href="#">Date</a>	<a href="#">Value</a>
30/03/2016	0 ug/l
11/02/2015	7.5 ug/L
01/02/2015	8.5 ug/L
01/01/2015	9.2 ug/L
25/11/2014	0 ug/l
16/10/2014	1.5 ug/l

# My PSA

Home > Prostate Cancer > My PSA

This page will display all of your PSA results including a graph showing the results over time.

## MY PSA RESULTS

Date Range :

<u>Date</u>	<u>Value</u>
30/03/2016	0 ug/l
11/02/2015	7.5 ug/L
01/02/2015	8.5 ug/L
01/01/2015	9.2 ug/L
25/11/2014	0 ug/l
16/10/2014	1.5 ug/l
03/10/2014	0 ug/l
02/10/2014	0 ug/l

